



CHRIST SCHOOL ICSE

Christ School Road, Dharmaram College Post, Bengaluru - 560 029

Empowering to Excel

CHRIST SCHOOL (ICSE)
BENGALURU-29

EXCELSIOR

Ever upward and still higher...

The Monthly Newsletter

Vol-XI : Issue - I
May & June - 2021



From the Principal's Desk

Rev. Fr. Nilson Davis CMI

THE MAGIC IN YOU

Dear Christites,

As we begin the new academic year let our hopes be still high. This year we are sticking on to the same theme, Altruista – the giver. It is because I want

my little Christites to be the real givers, think about others and move ever higher. The theme of this month is a very beautiful one – Be a giver of Joy. A joyful face is always a beautiful face.

Spreading joy is amazing because it makes you and the one who receives feel better simultaneously! To spread joy is to spread kindness. If you are able to make at least one person happy we are creating a ripple effect. Haven't you heard about the ripple effect of positivity? Merriam-Webster defines the “ripple effect” as a spreading, pervasive, and usually unintentional effect or influence.

Think of the connotations this has. It means that every action we take spreads out into the universe, affecting others. This means that every day, you can take simple steps to create ripples of positivity that bring goodness to the world.

Spreading joy is something that you can try to create this ripple effect of positivity. If we can make our simple actions bring moments of happiness to others, it will definitely inspire them to do the same. If you do this daily, you can consciously create a lot of good in the world with very minimal effort.

Do you know that you are capable of doing magic with just a smile? There is magic in your smile. We can't deny the warmth we feel when we're on the receiving end of a glowing grin. Share a smile today and start that ripple effect of positivity. You might feel that the act of happiness you spread might just last long enough to reach one other person, but the person who received it will spread that happiness to one more person and so on it goes creating the ripple effect of positivity.

Your magical smile starts the ripple and creates more ripples outward and outwards, affecting more people than you ever intended. There are some acts you can do that can affect many more people at once and that will have even bigger ripple results! Spreading joy is just one example. Be a giver of Joy. The point is you want to be kind, happy, and positive to the people you interact with whether that's in person, in groups, or online. It is well said that happiness and kindness breed more happiness and kindness. It has to start somewhere, so my dear Christites, let it start with you.

I wish you all the best. May you experience a wonderful academic year!



Vice Principal's Message

towards achieving genuine Joy. True giving comes from the heart. Let us try to build a heart that feels the need of giving more than receiving. We should have a heart to do something for others without expecting anything in return. That I believe will make a difference.

The joy of giving is indescribable because it takes courage to give something from your life to others. It is not easy to do something for another person. The joy of giving makes a person broaden his/her perspective towards life to a great extent.

Let this academic year help us to be a true model of the giver of joy.

Fr. Martin Onasseril CMI

My dear Friends,

As we are entering into the new 'On-line' academic year, the second in a row of uncertainty, I wish and pray that we all experience joy, hope and success in the days to come. Undoubtedly, we all live in uncertainty due to the pandemic, which is truly omnipresent in the whole world for almost two years. This has wrought havoc of various kind and varying degree to almost all human beings. There are many who lost their loved ones, many whose financial prospects have been devastated, many young people whose job opportunities have been affected and many students whose future has become uncertain. It is against this depressive and painful background, that I would like to reflect on this theme of 'BE A GIVER OF JOY'.

Our human life becomes truly meaningful only if we are able to experience joy in the midst of all our pain and difficulties. Our joy becomes lasting only if we are able to share this with others. All positive values such as light, love, hope, knowledge and most importantly joy do not diminish by sharing, but they all increase by sharing. No one loses his joy when he shares this with others. It costs him nothing, but it creates a whole new world for many others. The time-tested saying is that "joy shared is joy doubled, sorrow shared is sorrow halved". At this time when the world is at the grip of anxiety, fear and pain, let us bear witness to the virtue of joy, let us share our joy with others and let us make others and the whole world joyful.

In his homily on May 23rd 2016, Pope Francis said "the Identity Card of us is the Joy of the Gospel". Our faith in God and our faith in the humanity must inspire in us true hope and joy even in the midst of all what stand against these virtues. Let us experience in our own life true joy, and let us generously share this joy with others. Thus let each one of us become 'A GIVER OF JOY'

Wishing you all a fruitful, joyful and successful academic year,

Fr. Reji Koodappattu CMI

Dear Christies

The theme of the first edition of the newsletter - "Be a giver of Joy" is indeed very much unique during this period of Pandemic. The current times has urged us to be the true giver of Joy to the isolated people in and around us; especially those who lost their loved ones and those who are suffering from the deadly virus.

There is a Chinese saying - "If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help somebody." The true joy is found in helping others.

Giving is one of the best investments you can make



Financial Administrator's Message

MAY AT A GLANCE

- ▲ TRAINING FOR THE NEW TEACHERS: MS TEAMS
- ▲ NEW TEACHERS ORIENTATION PROGRAMME
- ▲ INDUCTION FOR GRADE 9 AND 10 STUDENTS PARENTS
- ▲ WEBINAR FOR GRADE 9 AND 10 STUDENTS
- ▲ CABINET ELECTIONS
- ▲ BIRTHDAY CELEBRATION OF FR MARTIN AND FR REJI

JUNE AT A GLANCE

- ▲ TUTOR PLUS TRAINING FOR TEACHERS
- ▲ FACULTY DEVELOPMENT PROGRAMME
- ▲ INDUCTION PROGRAMME FOR GRADE 1
- ▲ WORLD ENVIRONMENT DAY
- ▲ VIRTUAL PARENT TEACHER MEETING
- ▲ ONLINE CLASSES FOR GRADE 1 TO 10
- ▲ MORNING ASSEMBLY BY GRADE 9 STUDENTS
- ▲ VACCINATION DRIVE FOR THE STAFF
- ▲ SECOND WEBINAR FOR GRADE 9 AND 10 STUDENTS
- ▲ ACADEMIC YEAR INAUGURATION
- ▲ WORLD MUSIC DAY AND YOGA DAY

From
The Editorial Board

BE MORE BLESSED TO GIVE THAN RECEIVE

A click of our thumb and the whole world lines up in front of our eyes; or should I say we are actually under the thumb of the social media? I bet the latter is more apt.

It's been almost a year and a half that the deadly virus has tossed our lives. Some lost their jobs while some lost their near and dear ones. When we had our ongoing monotonous routine, we would have given anything to be with our family for a whole day. Stuck in our homes now, our eyes sure do crave for the classrooms, the playground or even a glimpse of the road.

To add to the pandemic, many parts of our country were hit by deadly cyclones too. Social media was flooded with NGO's/individuals arranging "relief funds", which made me wonder... **Why do people actually GIVE or DONATE?** Is it merely to show off and get a picture clicked? Or is it simply the urge to do something selflessly for a fellow human being?

I believe, there is still some goodness left in all of us. It has been scientifically proven that – 'regardless of income level, those people who spent money on others reported greater happiness, while those who spent more on themselves did not.' Though money may not buy us love, it surely can buy h, provided we are spending it in the right manner. "It's better to give than to receive" is correct: spending money on others or giving to charity puts a bigger smile on our face than buying things for our self.

That... my dear Christites, is the true meaning of **Altruism**. The selfless act of giving without having a second thought. Let us all welcome this academic year with one promise – that we all shall be a 'giver', be it in any form.

Have a great year ahead!

Ms. Srirupa Bose Roy



ALTRUISTA - THE GIVER

Our theme for this academic year is yet again, ALTRUISTA – the giver.

“How can we expect our children to know and experience the joy of giving unless we teach them that the greater pleasure in life lies in the art of giving rather than receiving?”

What marvelous words by the famous American businessman and entrepreneur James Cash Penney.

Growing up, we always heard from our elders that there is a greater happiness and satisfaction involved in giving than receiving. Well... what exactly did our parents and elders want us to understand when they said this?

It is very simple. The act of giving is pleasurable. Helping others might just be the secret to living a life that is not only happier but also healthier. You don't have to be super rich to be a giver. The amount you are now spending in ordering something from an online app may equal to 10 packets of bread which will benefit some needy person.

Our life is meaningful when our heart grows big enough to give all that we have for the betterment of the people around us. It involves acting out of concern for the well-being of other people.

Christ School ICSE always tries to inculcate the value of Altruism in our little christites. This year too is dedicated to each and every person who is contributing towards the well-being of the society. Every activity that takes place in the school this year will highlight the importance of Altruism.

The Collins dictionary defines an Altruistic person as someone who is *selfless*. You approve of them because they care about other people more than themselves.

Try and take care of someone else. Be there for someone else. A happy life is about giving more than you take.

Never force yourself into giving. For instance, when friends ask us to donate to their fund-raises, it is observed that people are more likely to give to avoid humiliation rather than out of generosity and concern. Never shy away from giving. Always remember that when a person gives something, it definitely comes back to them in some other form.

Let us join our hands and take pledge to help our society in every possible way and teach our children to bring smile on the faces of others.

Look around... you will find hundreds of people who are in need. Be a Giver.



USE MS TEAMS EFFECTIVELY: TEACHERS TRAINING

The Media and Publicity Team of Christ ICSE school effectively completed a two-day teacher training session on “How to use MS Teams effectively” for all the newly appointed teachers in the first week of May. The training was scheduled on the 6th and 7th of May, 2021. Everyone had a high-quality session led by internal experts from the Media and Publicity Team.

On day one of the training, the focus was on how online classes can be carried out effectively with the help of MS Teams and MS Forms. The first session was led by Ms. Reshma on “Microsoft Teams – An Introduction” and the second session by Ms. Ranjini on “Understanding the Features”. Ms. Maria led the third session on how to upload an Assignments and conduct the Viva-Voce. Most importantly, our experts made us appreciate the Christ ICSE culture of online teaching and learning through the three sessions.

The second day of training concentrated on how to conduct written test effectively with the help of MS Teams and MS Forms. Ms. Ninu led the first session on Microsoft Forms, followed by Ms. Ranjini on Framing an Effective Question Paper and Ms. Maria and Ms. Reshma took over the third session on Evaluating a Script.

On both days, the sessions were informative and of great learning for the teachers. To make the sessions interactive and interesting the teachers were encouraged to ask questions and clarify their doubts.



Ms Leah Francis
Department of English



GEARING UP THE NEW ENTRANTS

“An Organization's Ability to LEARN and Translate the Learning into Action Rapidly is the Ultimate Competitive Advantage”

The more we learn about the place we work; the more is our self-confidence. Our Principal Rev. Fr. Nilson Davis CMI, understanding and identifying the need, organized for an “Induction Training Programme” for all the teachers who joined last and this academic year (2020 & 2021) on 08th May 2021.

Training was conducted by the members of the Quality Enhancement Committee. This training enabled the new teachers to have a better understanding on the History, CMI Policy, The Core Values, Vision, Mission, Strategic Goal, Administrative Authorities, Infrastructure and Facilities, Rules and Regulations, Duties and Responsibilities, Online Teaching and Offline Teaching, Mode of Examination and Conduction of Parent Teachers Meeting that is practiced in Christ School ICSE.

This training enabled the teachers to have better understanding of the workplace which will enable them to adapt faster to their job. This training focused on providing necessary information, resources and motivation to ensure effective integration to this great Citadel of Learning.

Wishing all the new Aspiring teachers to be an Inspiring teacher in your own way. Enjoy the journey at Christ School ICSE.

Ms. Elizabeth Alwyn
Quality Enhancement Committee



A HEARTY WELCOME

CABINET ELECTIONS 2021-22

Head Boy



VINAY BINSON

Head Girl



NAKSHATRA A V

LCA Secretary



MEWIN RUBEN

LCA Joint Secretary



NAYANA M S

Sports Captain



BHARATH DEVERAJ

Asst. Sports Captain



SONAALI C

IT Team Head



KUSUMANJALE H

Health Team Head



SUKRUTH E S

Christ School ICSE has always been in the forefront when it comes to adapting to a new environment. Thanks to our principal, Rev Fr. Nilson Davis's, a man of innovative thought and vision, who has been the driving force of all such endeavours in the school. Here we have yet another unique precedent set in this virtual academic world – the Cabinet Elections for the academic year 2021-2022. The election was conducted on 26th May 2021 with eight students contesting for the various posts.

The contestants - a boy and a girl from each section of class X were first elected by their classmates to stand as their representatives for the Cabinet Elections. They introduced themselves and their idea of leadership and their vision for the academic year through a video presentation, which was then screened for classes IX & X who constituted the pool of voters. Each candidate delivered their ideas with passion, confidence and integrity. The poll was conducted via Microsoft Forms where the students and teachers voted for their preferred candidates. The result of the election was announced the very next day.

The newly elected Cabinet members are:

Vinay Binson	-Headboy	Nakshatra AV	- Head girl
Mewin Ruben	-LCA Secretary	Nayana MS	-LCA Joint Secretary.
Bharath Deveraj	- Sports Captain	Sonaali C	- Sports Vice-Captain.
Kusumanjale H	- Head of IT Team	ES Sukruth	- Head of Medical Team.

(Last two teams were created keeping the current scenario in mind.)

Congratulations to the Newly Appointed Cabinet! Let us all wish them the very best and vow to support them in taking on their responsibilities for this academic year 2021-22. A special mention to the coordinators, media committee and class teachers whose collective effort made this all possible.



Ms Rani Teny

REDEFINING POSITIVITY DURING THE PANDEMIC

“Train your minds to see the good in everything, Positivity is a choice. The happiness of your life depends on the quality of your thoughts”.

As our students gear up to start their new academic year, the mode of Online Classes shatters their dreams of entering their class rooms, meeting friends, playing in the school ground due to this pandemic. Our Principal Rev. Fr. Nilson Davis CMI, who sees opportunities in every possible situation, organized for a Webinar for students of classes IX & X.

“Redefining Positivity during the Pandemic” was the thought shared by our renowned speaker, Ms. Manju Goel, Founder – Director, Eduvangelists. Session was organized through Teams on 18th and 19th May 2021. Ms. Goel shared her experiences and gave inputs to our high school students on how to cope with the current situation with Positive Thoughts. She added, how to be Grateful during uncertainties and how to Focus on Ourselves to be a better version of ourselves.

The beginning is the most important task, so start the year with a positive spirit and hard work. Wishing all our Christites a Successful Academic Year!

Ms. Elizabeth Alwyn
Quality Enhancement Committee

ADDING A CANDLE MORE

“Birthdays just don't only remind us about our first day in this world but it also tells us to make every day as best as our birthday.”

Our Vice Principal Rev.Fr. Martin Onaserril CMI and our Financial Administrator Rev. Fr. .Reji Koodappattu CMI celebrated their birthdays in the month of May.

Due to lockdown, we were not able to physically greet our mentors and celebrate their big day.

On 31st May 2021, during the virtual staff meeting through MS Teams, we celebrated their birthday and expressed our care and respect to the two great men. Both the Fathers were felicitated by our Principal, Rev Fr. Nilson Davis CMI and Staff representative Ms. Indrani Bose. Towards the end of the celebration Fr. Martin and Fr. .Reji were humble enough to share their happiness with all of us. They thanked all the staff members for their effort even during these trying times.

Ms. Sharfunnisa Begum
In charge - Birthday Committee.



BEING A SMART INSPIRING EDUCATOR

“Children must be taught how to think, not what to think. Never doubt that a small group of thoughtful and committed citizens can change the world. Indeed, it is the only thing that ever has.”- Margaret Mead
Teachers of Christ School ICSE had a session on 'A SMART TEACHER' by an extraordinary and exceptionally skilled trainer Mr. Justin Thomas, ISSTAC [Institute of Soft Skills Training and Counseling].

A person full of energy and enthusiasm, Mr. Justin Thomas is Psychologist, trainer, life coach, author and speaker. For the last 15 years he has been focusing on training programmes based on Soft Skills and Life Skills, Mind Power, Outbound and Neuro-Linguistic Programming across the world. He has conducted around 4000 training and counseling sessions in his career (both online and offline).

Mr. Justin holds few national recognitions, certifications in training and counseling, various work experiences, awards and also has good educational qualifications from well-established institutions across the nation.

Our teachers had a three-day session from 2nd to 4th June, 2021 where they were divided into two batches. The training was aimed to enhance life skills and professional skills of a teacher to perform as a Teacher-Parent. The sessions included few questionnaires/polls, group discussions, assignments, activities and self-assessments to name a few. The three-day orientation programme has been an eye opener to all on how our approach towards children should be.

The first session was based on incorporating Theme-centred interaction with our students in class; reminding the teachers that – I only can change myself, nobody else; we should never be afraid to explore and learn new things; every problem has a solution and we need to focus of the solution rather than the problem. FAMILY-WORK-SOCIETY all three are equally important and interdependent. Teachers should be role models to their children by creating a learning environment for them. We need to have a paradigm shift from a teacher to being a Teacher-Parent.

Day two session was all about being innovative and managing time. Teachers were told to come up with innovative ideas and techniques to make the teaching-learning experience more productive. Every teacher needs to identify the special talents in his/her children. They should be that force who will break the shell of the child and bring out his/her fullest potential.

The last session was more of learning on how to handle and overcome stress, anger management through various exercises and activities. In addition to this we were also trained to practice positive affirmations in our day-to-day life, to encourage a child with positive suggestions.

The training sessions were very lively, interactive and filled with lot of learning. We are indeed grateful to our Principal Rev. Fr. Nilson Davis CMI, the management and a special word of appreciation and gratitude to Rev. Fr. Sebastian Elanjikal, CMI, Coordinator of Christ group of Schools, for introducing an astounding resource person to our principal.

Each child needs encouragement like a plant needs water. Without it, his growth is stunted and his potential sapped. In years to come, a child may forget what you taught them, but will always remember how you made them feel. Not every teacher deserves to be called one because that title is reserves for great ones like us (Teachers of this institution).



Mr. Paul Dhinakaran M
Quality Enhancement Committee



ONLINE CLASSES: NO MORE A CATCH 22 SITUATION

“One child, one teacher, one pen and one book can change the world.”

-Malala Yousafzai

On 7th June 2021, Christ ICSE school conducted Induction Programme for the tiny tots of class 1, welcoming them to a new academic year and to clarify any queries in regards to the following academic year.

The programme was conducted in two batches covering 4 sections each. The session was presided by our very own Fr. Nilson Davis CMI, principal – Christ School ICSE.

The event began by seeking God's grace with a short prayer by Ms. Namitha. This was followed by the address from Fr Principal about Christ ICSE school's priority to effectively improvise the online interactive mode of learning and make sure each child gets the required nurture and care. He also briefed

about the school policies and it's functioning. Post the address, parents were handed over the space for any doubt clarification. Father answered everyone very patiently. The event was concluded with a vote of thanks by Ms Leah. It was surely an enriching and informative session.

We wish our children a fruitful academic year. All the best!

Ms. Nikita

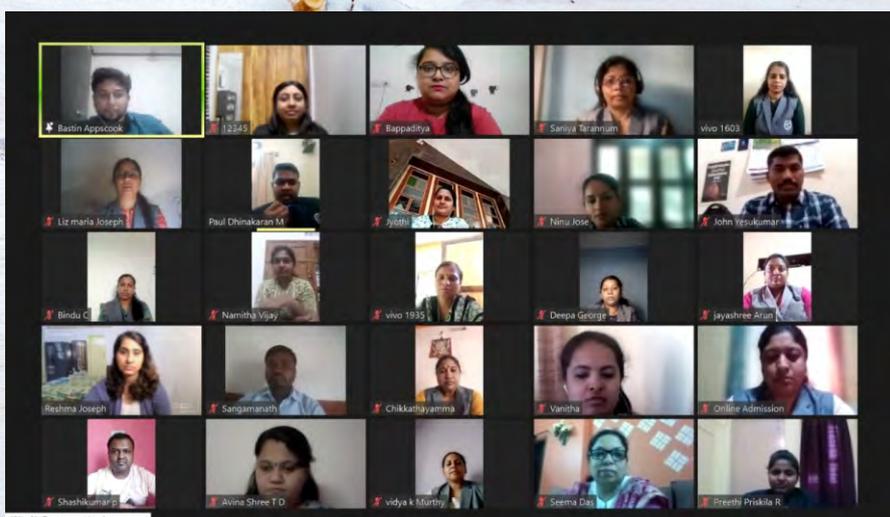


KEEP A TRACK

Technology offers opportunities for everyone to be more actively involved in the learning experience. The Tutor Plus app was introduced to make this era of online learning more convenient for both parents and teachers.

On June 1st 2021, Mr. Bastin Thomas, of Tutor Plus app/parent connect, led a 2 hour training session for the teachers of Christ school ICSE. The app is an assist tool for the parents and teachers alike. It gives a detailed report of a student's attendance, progress or remarks of each subject as well as the timely exam or important academic dates and announcements. The session was to guide the teachers to effectively use the app. The training was wound up after an interactive Q and A session by Mr. Bastin Thomas and the teachers.

Nithin Francis
Department of English



WORLD ENVIRONMENT DAY

“It is not Yours, nor Mine, it is Ours.”

The world has been dealing with the pandemic for almost 1.5 years now. It has shown us how disastrous the consequences of ecosystem loss can be.

World Environment Day was celebrated virtually under the able guidance of our principal Rev. Fr. Nilson Davis CMI and the same was released in our Christ School ICSE official YouTube channel, on 5th June 2021, based on this year's theme – ECOSYSTEM RESTORATION. This day is celebrated worldwide to raise awareness and to protect our Mother Nature.

Students of class IX participated virtually in this event and motivated others by showing their love and dedication by planting a sapling in their surroundings to Nurture our Mother Nature. It is known to all of us that only with healthy ecosystem we can enhance people's livelihoods, counteract climate change and stop the collapse of bio diversity.

“When we heal the Earth, we heal ourselves.”

Let's unite to save our Mother Nature for a happier future.



Ms. Vidya K
Programme Committee



LET'S CONNECT : THE FIRST VIRTUAL MEET



Parent Teacher Meeting was conducted from 4th June, 2021 to 6th June, 2021. It was the first interactive virtual meeting of the academic year. Time slot for each student was given well in advance. Each class teacher met the students and parents of the new class assigned to them. The sole purpose of the meeting was to convey the information regarding the academic year to the parents.



STUDENTS PREPARE FOR THE BIG HAUL

“Education is the most powerful weapon which you can use to change the world.”
-Nelson Mandela

Special online classes for the students of class 9 and 10 started from 20th May 2021. Regular online classes for grade 1 to 10 started from 7th June, 2021. The opportunity to learn never ceases for the Christites in spite of all the challenges. In the midst of corona virus pandemic, all the educators had to pivot their instruction online to allow teaching and learning to continue.

Ms. Mini Manuel



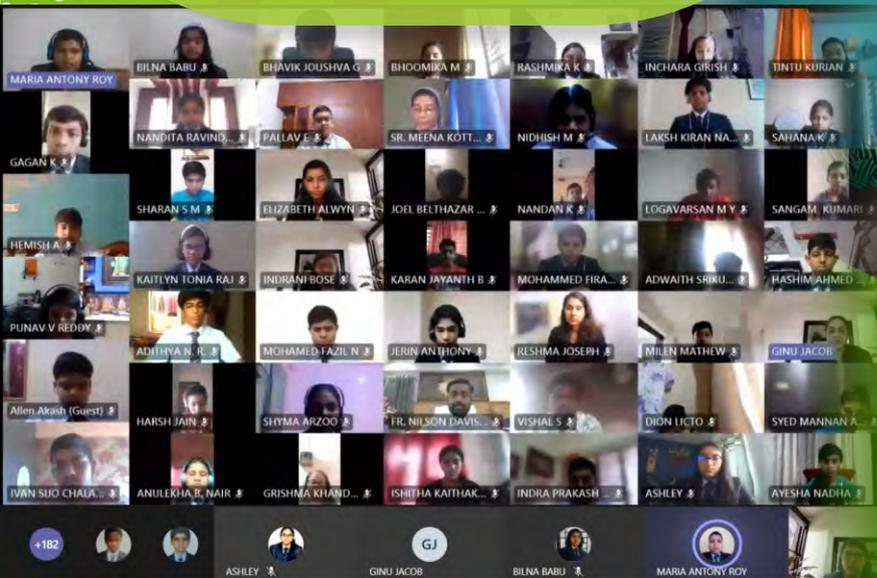
MORNING SHOWS THE DAY

The students of Class 9 organized the morning assembly on 4th of June 2021 (Friday) through the online platform. The theme of the assembly was-'SAVE THE ENVIRONMENT'.

The assembly started with a warm welcome extended to our Principal, Fr. Nilson Davis CMI, senior section coordinator Sister Meena, teachers and the students. The prayer began by seeking the blessings of Almighty God and thanking him for his grace. This was followed by the thought for the day and a lovely speech by one of the 9th standard students. Our Principal, Fr. Nilson Davis CMI encouraged the students to put in their best to save the natural resource as the future belongs to them.

The assembly concluded with a nature song and a promise of a bright and beautiful day.

Ms. Ginu



THE NEED OF THE HOUR

It was a generous gesture by the principal and management of Christ School ICSE, to organize for a vaccination drive for the staff members in hopes of fewer disruptions in the 2021-22 academic year during the predicted third wave.

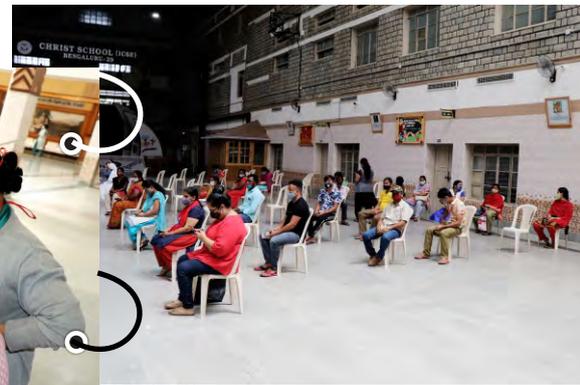
On 12th June, 2021 there was a successful vaccination camp arranged for over 54 teaching and non-teaching staff of Christ School ICSE.

Members of other Christ group of schools were heartily welcomed to be a part of this vaccination drive.

We thank our dear Principal for taking this initiative, which was so needed given the current scenario. Hope the world heals fast.



Ms Indrani Bose
Department of Chemistry



DO YOUR PART # BE CYBER SMART

One single vulnerability is all an attacker need.

On 12th June 2021, students of classes 9 and 10 attended a webinar on 'Cyber Threat Awareness' from 9 a.m. to 11 a.m. The webinar was organized by the Quality Enhancement Committee. The trainer of the webinar was Mr. Samson George, Director- Technology Risk Partners Pvt. Ltd. He engaged the entire mass of students with his valuable and factual information. We came to know that there are different kinds of attacks used by hackers; among which four are the most common, namely - Phishing, Malware Attacks, Impersonation and Cyber Bullying. The entire world is surrounded by cyber threats but we may not be aware of it. With the updation of technology every second, hackers or predators are adapting themselves to the changes in the world. They are busy inventing and improvising advanced attacks. The only solution to this, is to use our common sense. We should be aware and not delve too much into the social networking sites. It is to be remembered that danger lurks at every click. I would like to thank Rev. Fr. Nilson Davis, CMI for providing us with this informative seminar which is extremely useful in a technological world as ours.

Suravi Sudhir
Class - X C



WORLD MUSIC DAY AND YOGA DAY



What can be more wonderful than International Yoga Day and World Music day occurring on the same date? It is true that both international days are meant for different purposes but considering the therapeutic effects of music and Yoga, celebrating Music day and Yoga Day on the same day is a wonderful coincidence.

This year too Music day and Yoga Day was virtually celebrated in Christ ICSE School on 21st of June. Music and Yoga both are such amazing gifts that any person on this planet can relish their effects. Nothing is more charming than doing Yoga along with some soothing music.

International Yoga Day is a gift of India to the world. This year's theme for Yoga Day is "Yoga for well-being". We all know Yoga assumed its significance during Covid-19 pandemic and has emerged as global training. "Yoga is the journey of the self, through the self and to the self" a famous quote from the Bhagavad-Gita highlights the importance of Yoga since ancient times in

discovering one's self. On the occasion of Yoga Day, the Former Miss Kerala and the eminent yoga trainer Ms. Neha Premanand was virtually present with us to give us astonishing message about yoga. She insists everyone to practice yoga every day, especially children as it builds character, personality and makes physically and mentally stronger human being. Also she demonstrated 'Chandra Namaskar' a yoga posture for the students. Additional to this some of the students of our school demonstrated few other yoga postures namely Halasana, Vrikshasana, Bhujangasana, etc.

World Music Day, although not being a gift of India, is also celebrated across the world since 1982. The theme of World Music Day 2021 is "Music at the intersections". Music has become an integral part of our day to day life as an entertainment. On this occasion, a versatile Playback singers Ms. Ranjini Jose and Ms. Rajalakshmi were present with us to give a wonderful musical message. Ms. Rajalakshmi says music is the language of heart and strong medium of communication to express our thoughts by quoting famous say "Where words fail, music speaks". Some of our students presented a musical performance to make the event much more wonderful.

Our Principal, Rev Fr. Nilson Davis spoke about this special occasion. He said that the Covid-19 pandemic has been stressful time for everyone including children and it has appended the daily routines of children. Yoga and Music techniques have been predicted to combat stress in children. He believes yoga is just not about stretching and meditation rather its being kind to yourself and being mindful to yourself. He mentioned that both yoga and music have the healing qualities and the power to soothe your mind like no other, together they can give immense relaxation to your mind and body. He also said yoga is usually believed to be practiced in silence but with music its healing effects can be magnified and the how music takes away the negative feelings during the workout, thereby increasing focused attention of an individual. He included that Yoga and Music together is a relief from all sorts of mental pressures during this testing times.

The celebration of this special occasion has been recorded and released on You Tube, you all can visit and have a look which would bring joy to your eyes.

Sunitha Ganesh
Program Committee



ACADEMIC YEAR INAUGURATION

We began the new academic year virtually, with the hope and prayer that we will all be able to meet each other face to face soon. If there is one thing that Covid-19 cannot do, it is to suppress the will power and energy of the Christ family.

The Academic Year 2021 - 2022 was virtually inaugurated by releasing a video on 16th June, 2021 on our YouTube channel. Rev. Fr. Dr Paul Achandi CMI, the Manager of Christ Group of Schools and Rector of Dharmaram College, Rev. Fr. Nilson Davis CMI, the Principal, Christ School ICSE, Rev. Fr. Martin Onasseril CMI, the Vice Principal and Rev. Fr. Reji Koodapattu CMI, the Financial Administrator wished the Christ ICSE fraternity with their valuable messages regarding the new academic year. The messages of the coordinators, parents, members of the cabinet were also included in the inauguration video. The students of class 10 were given a chance to be a part of this successful programme. We assure everyone that the quality of learning will not suffer, and classes will keep you excited and busy.



Ms Jalsa Biju
Programme Committee



TEACHERS CORNER

NO ONE HAS EVER BECOME POOR BY GIVING



“The best way to find yourself is to lose yourself in the service of others.”

- Mahatma Gandhi

A giver of joy is a blessing to a group, society, community or a family. A joyful person is a gift of God because real joy comes from God and nobody can steal or take it away from a person - it belongs to him for ever. Joy is a choice and it is the settled assurance that God controls all the details of one's life.

True joy lies in the act of giving without an expectation of receiving something in return. The act of giving kindles self-esteem and brings happiness. The joy of giving lasts longer than the joy of receiving. The joy of giving makes a person expand his or her life to a great extent. The mere act of giving fills a person's life with joy and his own happiness multiplies. The joy of giving is indescribable as it takes courage to give something from your life to others. The more we give, the more we will receive. Great inner joy comes from helping others to better their lives. So, let us try to BE REAL GIVER, THE REAL GIVER OF JOY.

Sr .Meena Kottakkal
High School Coordinator



BE GENEROUS

“Joy is the most heavenly atmosphere found on earth – We ought to cultivate it as a duty always”. - Janet Erskine Stuart

Joy is a state of mind which makes us feel accomplished in life This cannot be achieved without establishing complete control of one's thoughts as it is very easy to be carried away by the waves of thoughts and emotions surrounding us. Joyfulness is desired by everyone and being able to be joyous and to share and spread joy is a beautiful gift that anyone can enjoy. The prime purpose of our lives is to be joyful and to be the channels of joy for others. The joy of receiving is short-lived, but the joy of giving is enriching our own lives. The aphorism; “it's better to give than it is to receive”, is right all along when it comes to the matter of sharing joy with others. Spreading joy to those around us has a huge impact on our own happiness and wellbeing.

In order to be the sharers of joy, we need to greet everyone with a smile, need to listen more than we talk and be disposed to lend a helping hand to anyone in need. We should encourage others to be contented in life with what they have and to stay focused on the current life instead of daydreaming of the better days. It's also equally significant that we do not get depressed for something that went wrong in our lives and we should be thankful to God for all the good things that we enjoy.

Life throws countless challenges at us on a daily basis and if we drown in those challenges, we would definitely become depressed. It's important that we focus on the positives in our daily lives to get excited about and feel the joy. Let us all resolve to be joyous and happy in our lives and be the carriers of that joy to others around us.

Ms. Ansamma George
Department of Physics



EASE SOMEONE ELSE'S PAIN

“We make a living by what we get. We make a life by what we give.”

-Winston Churchill

Joy is a feeling of great pleasure and happiness. It is something that makes us feel happy and gives us great pleasure. It's always better to give than to receive.

People around the world are waiting for someone to hold them and be there if they require help. The more we can hold them and give our little time & compassion can make a big difference in their lives. The joy of giving is indescribable because it takes courage to give something from your life to others. It is not easy to do something for another person. The joy of giving makes a person expand his or her life to a great extent.

Let us look at the life of the great saint Mother Teresa. She considered every life she met precious than her own and did her best to support them. She was never concerned about her own well-being. She empathised with every person's pain & suffering and gave them hope & courage. The joy of giving only happens when a person is full of gratitude for himself and is ready to come out of his comfort zone to make a difference in another person's life.

The more we give to others, the more we get from the universe. Our relative happiness will come from materialistic things but our genuine happiness will come from giving to others. So, the heart to give others is important for us to contribute to building a society of peace & harmony.

Ms Anitha Joseph
Department of Biology



KEEP SOWING WITHOUT ANY EXPECTATION

“Whoever sows generously will also reap generously. Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.” 2 Corinthians, 9:6-8
As a social being, it is our responsibility to take care of the people around us. We must learn to enjoy “giving”. Money is not everything in one's life. We can impart knowledge to others and spread joy with the simplest of acts. Even a simple smile towards someone can make them happy.

During this pandemic, there are many people who donated a generous share of their wealth and time to the people who are in need of medical help as well as emotional support. Once we begin to give wholeheartedly, a lot of changes can be noticed in our own character that can bring tremendous positivity amongst the people around us too. We realize that when we do well to someone, goodness will happen to us too in many folds.

Ms.Beena Koshy
Department of Mathematics



GIVE AND BE LOVED

What is the real happiness is?

Making lot of money... or leading a luxurious life? Yes, this can also bring happiness to your life but to an extent. That happiness may not be permanent. The true happiness is not only about making yourself happy but also seeing the joy and satisfaction in others eyes. The material things cannot bring the complete joy. It is only when you try to spread happiness to the people around you and the smile you get back in return is the best gift that you can get in your lifetime. To be a giver of joy does not need much of your time or money, but just to be loving and compassionate to others and to be a supporting hand during their hard times. If you are a joy-bearer you can feel the presence of God, but if you are a joy-giver you will become the God because you are doing God's work. Nothing in this world can replace the smile that you can bring on others faces. So rather than being a Receiver, be a Giver.

Ms Annet
Department of Science



THE JOY OF GIVING

The more you give of yourself, the more you find of yourself

We feel happy when we receive gifts. But when we give gifts to others, we feel happy than we receive. I love to see their expression when they see it.

Gift is the thing or food which makes the person happy and feel special. But the happiness is not in the thing or food, it is the love of the person who is giving.

Helping the needy people is also the biggest gift which we are giving them. It's the love which we are sharing with them. As Mahatma Gandhi said, “To find yourself, lose yourself in the service of others.”

True joy of giving is, sharing with others without any expectations. When we help or care for others without any returns, it is the love we are giving to God. Mother Teresa is a well-known example. She found happiness in giving of herself to others even in her old age.

Giving others is the fulfillment, and happiness in our life that comes from making others happy, and not from being selfish.

Ms Ankita Purwar
Department of Hindi



True joy lies in the act of giving without an expectation of receiving something in return. Fulfilment and happiness in life comes from making others happy and not from being self-centered. You will find that the more you give, the more you will receive. If you find yourself feeling unhappy, try making someone else happy and see what happens. The easiest thing to give someone is joy and probably the best one too. It's the joy and love that we extend to others that brings true happiness or union with the God. When we give, we reap the joy of seeing a bright smile, laughter, tears of joy and gratitude for life. The rewards of giving are priceless. If you want to have happiness, you need to give happiness. No matter what your circumstances in life, you have the ability to give. That's what life is all about. Let's practice and commit our lives to giving joy.

Ms Arshiya Tabasum.W
Department of English



खुशियों के दाता

मेरा अपना अनुभव है कि जब हम किसी की मदद करते हैं या मदद लेते हैं, तो उस समय हमारे दिमाग के कुछ हिस्से सक्रिय हो जाते हैं | जिसका हमें आभास होता है | किसी की मदद करने का मतलब उपहार देना या किसी को पैसा देना ही नहीं, अपितु ये किसी भी रूप में हो सकता है जैसे किसी को खुशी देना, किसी के साथ समय व्यतीत करना या किसी को दुख के समय सहायता करना |

अभी आप आज के समय का ही उदाहरण ले लीजिए, कोरोना की इस वैश्विक महामारी में हर किसी ने हर एक दूसरे की सहायता की है ऐसी परिस्थिति में अगर हम किसी की मदद करते हैं जैसे किसी भूखे को खाना देना या आर्थिक रूप से सहायता करना आदि | इससे जो खुशी मिलती है, उसे हम शब्दों में बयान नहीं कर सकते, बस उसे महसूस कर सकते हैं | इसलिए मेरा ये मानना है कि हमेशा अपने लिए ही नहीं, अपितु दूसरों की खुशी के लिए तथा दूसरों को सहायता प्रदान करने के लिए भी कार्य अवश्य करने चाहिए | क्योंकि दूसरों के प्रति दया की भावना हमें एक अच्छा इंसान बनाती है |



अलका उज्ज्वल
Department of Hindi



ಸಂತೋಷವನ್ನು ಹಂಚುವಂತವರಾಗಿ

ಸುಖ, ಆನಂದ, ಹಿಗ್ಗು, ನಲಿವು, ಸಂತೃಪ್ತಿ, ಸಮಾಧಾನ ಇವೆಲ್ಲವೂ ಸಂತೋಷ ಎಂಬ ಶಬ್ದದ ಪರ್ಯಾಯ ಪದಗಳು. ಇವು ಅಕ್ಷರಗಳು ಮಾತ್ರ! ಸಂತೋಷ ಎನ್ನುವುದು ಪದಗಳಿಗೆ ಮೀರಿದ್ದು. ಅದು ಪ್ರಪುಲ ಮನಸ್ಸಿನ ಮೂಲೆಯಲ್ಲಿ ಸುಪ್ತವಾಗಿ ಅಡಗಿರುವ ಒಂದು ನಿರಾಳ ಸ್ಥಿತಿ. ವರ್ಣಿಸಲಾಗದ ಭಾವನೆ! ಮಾನವ ಜನ್ಮ ದೊಡ್ಡದು ಅದನ್ನು ನಾವು ಸತ್ಕಾರ್ಯಗಳನ್ನು ಮಾಡುವುದರ ಮೂಲಕ ಸದುಪಯೋಗಪಡಿಸಿಕೊಳ್ಳಬೇಕು. ಇಲ್ಲಿ ಎಸ್. ಜಿ. ನರಸಿಂಹಚಾರ್ ರವರ 'ಗೋವಿನ ಬಾಳು' ಪದ್ಯವನ್ನು ನೆನಪಿಸಿಕೊಳ್ಳಬಹುದು. "ನೀನಾರಿಗಾದೆಯೋ ಎಲೆ ಮಾನವಾ, ಹರಿಹರೀ ಗೋವು ನಾನು, ಇಟ್ಟರೆ ಸಗಣಿಯಾದೆ, ತಟ್ಟಿದರೆ ಕುರುಳಾದೆ, ಸುಟ್ಟರೆ ನೊಸಲಿಗೆ ವಿಭೂತಿಯಾದೆ, ತಟ್ಟದೆ ಹಾಕಿದರೆ ಮೇಲುಗೊಬ್ಬರವಾದೆ, ನೀನಾರಿಗಾದೆಯೋ ಎಲೆ ಮಾನವ". ಹೀಗೆ ಗೋವಷ್ಟೇ ಅಲ್ಲ, ಪ್ರಕೃತಿಯಲ್ಲಿರುವ ಅನೇಕ ಪ್ರಾಣಿ, ಪಕ್ಷಿ, ಮರಗಿಡಗಳು ನಾನಾ ರೀತಿಯಲ್ಲಿ ಪ್ರತ್ಯಕ್ಷವಾಗಿ, ಪರೋಕ್ಷವಾಗಿ ನಮ್ಮೆಲ್ಲರಿಗೂ ಸದಾ ಉಪಕಾರಿಯಾಗಿವೆ. ಇಡೀ ಸೃಷ್ಟಿಯಲ್ಲಿ ಮಾನವ ಜನ್ಮ ದೊಡ್ಡದು ನಾವು ಇತರರಿಗೆ ಸಂತೋಷ ಹಂಚುವಂತಹ ಕೆಲಸಗಳಲ್ಲಿ ತೊಡಗಿಸಿಕೊಳ್ಳಬೇಕು. 'ಪರೋಪಕಾರಂ ಇದಂ ಶರೀರಂ' ಎನ್ನುವ ಮಾತಿನಂತೆ ಸ್ವಲ್ಪವಾದರೂ ಪರರಿಗೆ ನೀಡುವ ಮಹಾಗುಣವನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕು. ನಾವು ಮಾಡುವ ಸಣ್ಣ ಸಣ್ಣ ಸಹಾಯವೂ ಕೂಡ ಖುಷಿಯನ್ನು ನೀಡುತ್ತದೆ. ಪಡೆಯುವುದಕ್ಕಿಂತ ಕೊಡುವುದರಲ್ಲಿ ಹೆಚ್ಚು ಆನಂದವಿದೆ. ಮಾಡುವ ಕಾರ್ಯಕ್ಕೆ ಪ್ರತಿಫಲಾಪೇಕ್ಷೆ ಇರಬಾರದು ನಿರೀಕ್ಷೆ ನಮ್ಮನ್ನು ಕೊರಗುವಂತೆ ಮಾಡುತ್ತದೆ. ಭಗವದ್ಗೀತೆಯಲ್ಲಿ ಶ್ರೀಕೃಷ್ಣಪರಮಾತ್ಮ ಹೇಳಿರುವಂತೆ "ಕರ್ಮಣ್ಯೇ ವಾಧಿಕಾರಸ್ತೆ ಮಾ ಫಲೇಶು ಕದಾಚನ" ಎನ್ನುವಂತೆ ಯಾವುದೇ ಪ್ರತಿಫಲದ ನಿರೀಕ್ಷೆ ಇಲ್ಲದೆ ಮಾಡುವ ಸಹಾಯ ನಮ್ಮನ್ನು ಖುಷಿಯಾಗಿರುವಂತೆ ಮಾಡುತ್ತದೆ. ಪ್ರಸ್ತುತ ಕರೋನದಂತಹ ಸಾಂಕ್ರಾಮಿಕ ರೋಗ ಜನರ ಜೀವ ಮತ್ತು ಜೀವನಕ್ಕೆ ಕುತ್ತಾಗಿರುವಾಗ "ಜನಸೇವೆಯೇ ಜನಾರ್ಥನ ಸೇವೆ" ಎಂದು ತಿಳಿದು ಅನೇಕ ಮಠಮಾನ್ಯಗಳು, ಚರ್ಚಗಳು, ಸಂಘಸಂಸ್ಥೆಗಳು, ಕೆಲವರು ಸ್ವಯಂಪ್ರೇರಿತವಾಗಿ ಜನಸೇವೆಗೆ ಮುಂದಾಗಿರುವುದನ್ನು ಕಾಣಬಹುದು. ಹೀಗೆ ಕಷ್ಟದಲ್ಲಿರುವವರಿಗೆ ಸಹಾಯ ಮಾಡುವುದರಿಂದ ಜಗತ್ತಿನಲ್ಲಿ ಯಾವುದೋ ಒಂದು ಸಕಾರಾತ್ಮಕ ಘಟನೆಗೆ ನಾವು ಕಾರಣರಾಗುತ್ತಿದ್ದೇವೆ ಎಂಬುವುದನ್ನು ನೆನಪಿಟ್ಟುಕೊಳ್ಳಬೇಕು. ಹಾಗಾಗಿ ಇತರರಿಗೆ ಸಹಾಯ ಮಾಡುವುದರಿಂದ ಖುಷಿಯ ಅನುಭವ ಉಂಟಾಗುವುದು. ಕೆಲವೊಮ್ಮೆ ಹಣದಲ್ಲಿ ನೀಡಲಾಗದೇ ಇದ್ದುದನ್ನು ನಮ್ಮ ಸಮಯ, ಅನುಕಂಪ, ಸಹಾನುಭೂತಿ, ಔದಾರ್ಯ ನೀಡುವುದರ ಮೂಲಕವೂ ಸಂತೋಷವನ್ನು ಇತರರಿಗೆ ಹಂಚಬಹುದು. ಇಲ್ಲಿ ಪ್ರಸ್ತುತ ಕರೋನ ವಾರಿಯಸ್ ಸೇವೆಯನ್ನು ನೆನೆಯಬಹುದು. ಹೀಗೆ ಬದುಕುವ ಪ್ರತಿಕ್ಷಣವೂ ಪರೋಪಕಾರವನ್ನು ಎಸಗುವುದರ ಮೂಲಕ ಸಂತೋಷ ಹಂಚುವವರಾಗೋಣ "ತುಕ್ಕು ಹಿಡಿದು ಹೋಗುವುದಕ್ಕಿಂತ ಸವೆದು ಹೋಗುವುದೇ ಲೇಸಲ್ಲವೇ?"

ಭಾರತಿ. ಡಿ
ಕನ್ನಡ ಶಿಕ್ಷಕರು



“Selfless giving is the art of living” -Frederick Lenz.

As it is said learn to light a candle in the darkest moments of someone's life. Be the light that helps others see; it is what gives life its deepest significance.

Swami Vivekananda says: “This is the gist of worship-to be pure and to do good to others. The idea that service of the poor is akin to worshiping the god. Doing service is a way of realizing oneself. How? By killing one's ego one achieves self-growth.

Social Service is the most visible aspect of the concept of service. The holy Gita (12th Chapter) says that, “a devotee must overcome hatred and all sense of ownership and selfishness.” The Gita promotes awareness of all comprehensive unity which is the basis for treating everyone with love and respect.

The modern world has been transformed by great material achievements. The advances in science and technology have made life comfortable. Yes, many of us from time to time, experience alienation. This leads to mental disorder, depression and loneliness. Conflicts and violence are all around us. This greed is destroying the planets. How does one overcome these maladies?

The answer lies in restraining desires, overcoming greed and selfishness selfless service is the answer to many of the contemporary problems. Service is a practical idea. It gives concrete shape to the highest truths of Indian spiritual thinking. Practical service takes many forms and we indirectly become the giver of joy. The ideal of selfless service should be imbibed in youth and children from young age both at home, schools and colleges. Our students are fortunate to be a part of the social service club in our school. Selfless service, done without expectation of reward, can do wonders for self and for the nation.

Banumathy L
Department of English



ALUMNI CORNER

Our school life is the best time of our lives. Being a former student and talking about my school is overwhelming. I have always been a very talkative student and enjoyed my school life thoroughly.

Our school has always opened the doors of opportunities to all its students in all aspects – academics, cultural or sports. The teachers are very friendly and approachable and the best part of my school life is their love, care, concern and support which has helped me a lot. The pillar of support of my school is our principal, Fr. Nilson. He is very active and his knowledge is commendable. Fr. Nilson used to always spare time from his busy schedule to talk to us and motivate us throughout the school days. Last but not the least, I wish all success to my school in all in its endeavour.

Vachana.P.S
Batch 2019-20



School life was more like the cartoons of my time. A cat could befriend a mouse, eating 'laddoos' would make you strong and what not! Hilarious, emotional, dramatic and sometimes making absolutely no sense! It was a magical place where my friends became my teachers and teachers became my friends. Fighting over one lunchbox, sliding on railings (not endorsed), to telling my juniors to not do the same. When I was in school, I thought I would be a free bird after leaving the campus. Boy was I wrong! It was just like the time I switched from Disney and Pogo to movies thinking that they were more fascinating. In this hustle and bustle of bingeing horror, crime, romance - my subscription for cartoons ended. Yet at times like this when I begin to pen those 'Cartoon Days', I realize the plain Tom and Jerry, Chota Bheem and Doremon and tiny moments in between brought more joy to my face than any big budget show ever could.

Binoy Biju
Batch of 2019-20



CABINET LEADERS

“Congratulations Vinay Binson! You are elected as the Head Boy for the academic year 2021-22.” This message was the best thing that could've happened to me.

Becoming the Head Boy of this acclaimed institution is a dream for every Christite. Never did I think that I would be accepted by all my fellow Christites and my beloved teachers in such a short span of time. Christ School recognizes the potential of every student and sets the right path for him/ her.

Competing in the school cabinet election was a golden opportunity to show how grateful I am for what my new school has given me in such a short span of time – lovely friends, dutiful teachers, an excellent environment, breath taking infra-structure and the never-ending pride of being a Christite.

It wasn't easy for a boy, who just barely started knowing the grandeur of the institution called Christ School ICSE, to even think of being a leader. Assuming the position of the Head Boy was a great moment of excitement, happiness and words are not enough to express my feelings.

From the day I assumed the post, every day is a preparation for becoming a real leader. I will try my best to live up to the expectations of my school. I thank our Principal, Vice Principal, Financial Administrator, Coordinators, Teachers, my parents and you my dear friends for accepting me the way I am.



Vinay Binson
Head Boy

To be frank, I had no clue as to what was in store for me this year. Being elected the Head Girl was the most wonderful blessing god showered upon me. The school has been successful in moulding me into a skilful person. More than that, the institution has helped me transform into a good human being and a proud Christite. It seems like ages since we had visited the school and met the teachers and my friends. All these years will be inscribed in my heart forever. The enormous opportunities and wonderful memories shall be cherished forever.



Nakshatra A V
Head Girl



It's been a pleasure to be a part of this institution for 10 years. I am also ever grateful to all the friends and teachers I have met in this school. They have always been a helping hand to me. Be it taking part in talents competitions in school or inter-school events or even during the time spent in our classrooms - they are all moments to cherish. I am also immensely proud and honoured to be in this year's school cabinet. I believe that it is an opportunity for us cabinet members to serve and develop a service-minded attitude. We will be looking forward to collaborate with our peers to organise events. I assure that the school cabinet will leave no stone unturned to enhance the dignity of our school and take it to exhilarating heights.

Mewin Ruben D'Souza
LCA Secretary



We are at the verge of being an ex-student but I guess the last year had something special in store for me. The day I was elected as the sports captain was a memorable one. I was filled with joy and happiness and I am thankful for God almighty for giving me the opportunity to serve my school. My time in this temple of learning will remain as one of the priceless and mirthful moments of life. It will be difficult to stay away from those wonderful memories in school.

Bharath Deveraj
Sports Captain



My time in this school has always been memorable. Learning new things every day and facing new challenges. I have learnt to never give up, to keep trying hard and to accept failures. I never thought I would be a part of the Cabinet, but I always believed in giving my best. I am delighted in being chosen as an Assistant Sports Captain, but I am even more happy in serving the school, the principal, teachers, non-teaching staff and all my fellow friends. Eagerly waiting for a wonderful year ahead with everyone.

Sonaali.C
Sports Vice-Captain



We have begun another academic year with lots of hopes and enthusiasm. This year is truly a special one for me as I got elected as a cabinet leader. Being a cabinet member is a privilege to work closely with you all for the wellbeing of our school.

We all know that our institution never fails in bringing the right opportunity to its students and we are the ones who should think how to use it wisely. We should use our wisdom to convert the opportunities to success. Let us bring a thought together - that we are extraordinary, for we are Christites!

We are missing the beauty of the school campus this year too, but I am hoping that our golden days will come back soon.

Stay healthy and safe!

Nayana M S
LCA Joint Secretary



Since grade one I always aspired to be a part of the school cabinet. Finally, this year my dream came true when I got the opportunity to be a part of the Christ school cabinet. I would like to thank Rev. Fr. Nilson Davis CMI, our principal, all school staff and all Christites for giving me this great opportunity. Being a part of the cabinet during this pandemic where everything is online is going to be a new and amazing experience. Eagerly looking forward to take up new responsibilities, discharge my duties wholeheartedly and try to live up to everyone's expectations as the IT minister.

Kusumanjale H
IT Team Head



“It is health that is real wealth and not pieces of gold and silver.”

Being elected as Health Team Head in the cabinet election, I would like to thank my principal, the administrators and teachers for giving this opportunity.

Being in this esteemed school for 9 years, I gained a lot knowledge and I want to fulfill all my duties this year. Health is not only physical but also mental. Given the current times, it is also important that each and everyone take care of both. Stay Safe. Stay Healthy.



ES Sukruth
Head of Medical Team

STUDENTS CORNER

"To be a giver of joy" to me would mean when we have given something or done something for someone it actually gives a sense of satisfaction and makes you feel so positive about yourself. The joy of giving only happens when a person is full of gratitude for himself and is ready to come out of his comfort zone to make a difference in another person's life.

We all know how greater it feels when we all receive gifts from others. The inner joy comes from helping others from what we have and help them better their lives. True joy lies in giving without expecting in return. We may not be able to do great things but we can do small things in a great way. Even these small deeds make us, also the person who receives the help happy. Thus, you can be a giver of Joy.

Ria Lalichen
Class - X A



BE A GIVER

Being a successful giver means being helpful while not sacrificing your own goals.

– Adam Grant

The joy of giving is indescribable because it takes courage to give something from your life to others. It is not easy to do something for another person. But if we have the heart to do something for others without expecting anything in return makes the difference. The best part is it gives a sense of satisfaction after doing your bit for people in your environment. The more we do for others and it all comes back to us in different forms. The more we give to others, the more we get from the universe. Your relative happiness will come from materialistic things but your genuine happiness will come from giving to others.

Mohammed Zeeshan Khan
Class - X B



THE GIVER OF JOY

Has anybody thought why some people choose to be nuns, sisters or priests? The answer to that is simple, they are mainly focusing on giving. Mother Teresa is a great example to the world that giving is also an important part of life. A Chinese proverb states that "If you always give you always have". Giving joy is like an investment to future happiness. If you want happiness, you need to give happiness. The happiness of receiving a thank you from a person is indescribable. Every action of giving in life will be repaid. I would encourage everyone to commit their lives in the act of giving.

Saloni Choudhary
Class - X A



THE GIVER OF JOY

Be the giver of joy,
even if you're a girl or a boy.
Spread joy and happiness here and there,
You will get it back it from everywhere.
Give joy in every form or shape,
and don'tescape.
But remember not to spread any hate,
because out there everyone is great.

Priyanka J
Class - X A



Be a giver of JOY

"To be a joy-bearer and a joy-giver says everything; it means that one is faithfully living for God and that nothing else counts, and if one gives joy to others, we are doing God's work. With joy, without and within, all is well. I can conceive (i.e., form or devise a plan or idea in the mind) no higher way. Joy is the most heavenly atmosphere found on earth-we ought to cultivate it as a duty always."

Aaalah Bell
Class - XA



BE A GIVER OF JOY

We all know how great it feels to receive something. However, the joy of getting is short lived. We feel happier when we share, and that inner joy comes from helping others and making them happy.

We must spread happiness and joy in our surroundings whenever possible. Spreading joy can do things at different levels. People who are happy tend to perform better in everything they do. When you spread joy, you're not only helping yourselves; you're helping yourself too! Laughter is contagious and the act of smiling can help you feel happier. When you encounter happiness from your family, friends and even strangers, you're more likely to be happy yourself. This is how you can spread happiness. Happiness also helps to forget all our negative feelings and emotions. Smiling at people or helping someone in need are great ways to spread happiness. No wonder it can change someone's day too! So, let's start spreading some joy in our surroundings!

Shriyans S Sahoo
Class - XA



Be A Giver of joy

Joy means a feeling of happiness and great pleasure. We need to be the people who give joy to other people. However, the joy of getting is short-lived. Our lives become happier and greater if we give joy. Giving provides a reward that is happiness, which is far better than any gift. True joy lies in the act of giving without an expectation of receiving something in return. Giving is one of the best investments you can make towards achieving genuine happiness. You'll find that the more you give, the more you'll receive.

Harshith V
Class - XA



Be A Giver of Joy

Gratitude is the starting point of anything. If a person can feel grateful to God and everyone, for everything he has, he will have a happy life. One of the most important things in life is to give joy and happiness to everyone. This is not only because of the saying that, "Whatever you give comes back to you", but also because you never know, what the other person is going through, in his life. The more we give to others, the more we get from the World and from God. Thus, if possible, I would request each and every Christite to be, a person who can give joy and happiness to others.

Harshit Karnani
Class - X A



Joy is defined as happiness and delight. People around the world are waiting for someone to hold them and be there if they require help. The more we can hold them and give our little time & compassion can make a big difference in their lives. The joy of giving is indescribable because it takes courage to give something from your life to others. It is not easy to do something for another person. But if we have the heart to do something for others without expecting anything in return makes the difference. The joy of giving makes a person expand his or her life to a great extent. The best part is it gives a sense of satisfaction after doing your bit for people in your environment. The mere act of giving fills a person's life with joy and his own happiness multiplies.



Cerin M Shaiju
Class - X A

BE A GIVER OF JOY

True joy lies in the act of giving without expectation of receiving something in return. The givers receive joy when they done or given something for someone which satisfies the giver and it also helps the giver in being positive of himself.

The receives happiness by seeing the receivers joy and gratitude for the giver it also helps the giver in coming to a comfortable zone mainly by spending the time with the receiver making the person happy.

Augha Maria Ann Vincent
Class - X A



Be a giver of joy

We should always be a giver of happiness and joy because if we make a person laugh you are doing a great job because if someone is sad you would make him laugh and make his day so I would like to become a giver of joy and happiness many people like Charlie Chaplin and many other comedians so if you are making joke on ourself if other people laugh it is good so Charlie Chaplin said “ a day without laughter is a day wasted “ and “ life is a tragedy when seen in close up but a comedy in a long shot “ so we can save some ones day by making them laugh so we should be giver of joy and happiness.

Atharv A Pawar
Class - X A



A great perspective can be achieved by stepping out of our own world and venturing into the world of other people. Your worries and challenges may not seem as significant when compared to other people’s situations. True giving comes from the heart, with no expectation of reciprocation. You’ll find that the more you give, the more you’ll receive. The gift of joy will come to you when you give of yourself to others. We know that if people give just a little more—of their time, skills, knowledge, wisdom, compassion, wealth and love—the world would be a more peaceful and healthier place. The rewards of giving are priceless. If you want to have happiness, you need to give happiness. If you want love, you need to give love. It is only in giving that you receive. No matter what your circumstances in life, you have the ability to give.

I encourage you to look for opportunities where you can give and help others. That’s what life is all about. Let’s practice and commit our lives to giving joy. We have all felt the dread that comes from being cajoled into giving, such as when friends ask us to donate to their fundraisers. In these cases, we are more likely to give to avoid humiliation rather than out of generosity and concern. This type of giving doesn’t lead to a warm glow feeling; more likely it will lead to resentment. Instead we should set aside time, think about our options, and find the best charity for our values.

Albin Laju
Class - X A



THE GIVER OF JOY

There is a Chinese saying that goes: "If you want joy for an hour, take a nap. If you want joy for a day, go fishing. If you want joy for a year, inherit a fortune. If you want joy for a lifetime, help somebody." For centuries, the greatest thinkers have suggested the same thing: joy is found in helping others. Helping someone without any selfishness is the biggest joy all around the world that a human can find. There are too many ways to get temporary joy but we get permanent joy when we help someone. Helping others also makes us happy. When we help someone without any greediness that person will help us when we are in trouble. You free to think thoughts of worry or joy and whatever you choose will attract the same back to you. Worry attracts worry joy attracts joy. So be a giver of joy.

Hemasri T
Class - X A



Be a giver of joy

A person is a giver of joy when he makes others happy by doing things. Givers are happier than takers. Some people find happiness when they are giving something to someone instead of spending it for themselves. Even small acts of charity which we do when others are in the need of help will bring us more joy. Givers give more than what they get. When we focus on other people's needs God will surely help us in some or the other way and will fulfill our needs. The more you give the more you receive. We as a human being should have the heart to give without expecting anything in return. Our small contribution will surely make a big difference in the society.

Jayashree B
Class - XA



Be A Giver Of Joy

Joy is defined as a feeling of great pleasure and happiness. Joy is one of our core emotions. It is one of the emotions most of us have lost in this season. Fear is the emotion that is prevailing and increasing rapidly as the pandemic continues to ravage the earth. All emotions are heavily contagious and joy is not spreading at all. Why do we need to spread joy? We need to spread joy as it is very vital for us to be blown away by the pandemic. Though many of us maybe currently experiencing sadness we need to stay strong and keep spreading joy to all around us. How? What everyone needs now is just a call from someone who cares and some assurance that all of us can get out of this together. So let's be a super spreader of joy.

Aaron B Joshua
Class - X D



“It’s not how much we give, but how much love we put into giving.”
Mother Teresa.

The joy of giving causes a person to greatly broaden his or her life. The best part is that it gives you a sense of accomplishment after helping people in your community. Giving is the key to happiness, fulfilment, and prosperity. The world needs more people to give their all to help society improve. People must rise up and begin to impart value to the lives of others by being of service and living selflessly. The good you put out into the world will come back to you in spades. It's easy to feel powerless in the face of COVID-19, but you can help. What I hope is that by people becoming more involved in helping others, resources will be built on which people depend in the future, even after the pandemic has passed.

Dishitha.V.R
Class - X D



PARENTS CORNER

Be a giver of Joy

Joy is the best present to give to anyone. Simple acts of kindness can make someone joyful. We all want to be joyful but we should also aim at bringing joy to someone else's life. Everyone around us is dealing with problems. By doing simple things we can make them happy. The more you spread joy the more beautiful the world becomes. Joy is a beautiful emotion that gives delight and positivity to move forward. During difficult times, even a small act of kindness can change the mental state of the person.

The simplest way to bring joy into other people’s lives is being emotionally supportive for them. Everyone wishes to have unquestionable support and love. Having someone who supports you emotionally makes a person feel positive about life.

Giving also connects us to others, creating stronger communities and helping to build a happier society for everyone. So, if you want to feel good, be a giver of joy.

So, the heart to give joy to others is important for us to contribute to building a stable society of peace & harmony. If we ourselves are feeling hopeless or depressed, then the most important thing is to go out and give hope & joy to others and then see what happens to you. You would surely have transformed something in your life and feel much better.

Shammah John
(Parent of Joshua John, Grade - X D)



Be the Giver of Joy

'Joy' who doesn't want it? 'Joy' the very word turns the hard and tough things to lighter and pleasant. No doubt joy is everyone's wish, want and desire. Joy is the panacea for all difficulties, ailments and troubles in life. Everyone expects joy but how many try to think where does it come from? may be few or a few. Life is a mirror it shows what you show to it. It gives smile if you give it; it gives gloomy face if you wear it.

Joy is the one which makes the life pleasant and colorful. Everyone strives to grab it but a few knew how to get it and many strive for it unknown the right path. People believe that money can get anything they want therefore struggle to earn it by any means and innocently try to get joy out of it. If money alone be able to give joy, most of the people might be joyful. Do you believe that those with abundant of money are joyful all the time? Certainly not, excess of anything will be dangerous and problematic that leads to stress and worry but not joy.

How can we expect joy without contributing it first? You reap what you sow; yes, it is all about that if you give joy then it will come back to you in double. If you are out of joy that means you are not sharing it to others. As Newton's third law of motion; to every action there is equal and opposite reaction: joy also has the same equal or double reaction. If we give joy, we will get it back in double or triple.

Therefore, try to be a giver of joy then you need not to strive for it, it will fill your life with abundant joy and happiness. How can we expect a smile from other when we have a gloomy face? How can we expect charity being a miser? How can we expect generosity from others when we are selfish? How can we expect kindness while being cruel? How can we expect help from other when we are self-centered?

'Be a giver of joy' it is wonderful but how? When we talk about giving or helping, the first thing that comes to our mind is money, right? Is the money the only thing that can give joy? Certainly not, Joy can be given through a gentle smile, a warm greeting, a few words of soothing, a small physical help, a psychological understanding, an intellectual mentoring or an emotional attachment that can bring joy to someone in need.

We need to mend ourselves from the seekers of joy into givers of joy. That doesn't require great effort or amount but very simple sharing, caring and giving attitude. If you find a person in sad situation; just smile at him/her that gives joy. If you find a person in depression; listen to his/her plight and give a few soothing words that give joy. If you find a hungry person; just share what you have that gives joy. If you find a person in difficulty; just extend physical, intellectual or at least emotional help that gives joy. If you find a person in confusion; just guide him the right path that gives joy. Even you will be a giver of ultimate joy with just a glass of water to a person with acute thirst. In fact, none of these require any money or power but just helping and giving attitude. People in the modern society believe that money is everything but certainly not. 'Attitude is Everything' yes, it is true, which can change the meaning of our life and the lives of people around us. So always try to be the giver of joy.



Dr. Reddi Sekhar Reddy G
Associate Professor of English, Christ University, Bangalore
(Parent of Gudisa Hasya Reddy - X B)

PERSONALITY OF THE MONTH

Mark Zuckerberg



Zuckerberg was born on May 14, 1984, in White Plains, New York, into a comfortable, well-educated family. The birth of Facebook was portrayed in the 2010 film *The Social Network*. Zuckerberg's father, Edward Zuckerberg, ran a dental practice attached to the family's home. His mother, Karen, worked as a psychiatrist. He was raised in the nearby village of Dobbs Ferry. Mark Zuckerberg is co-founder and CEO of the social-

networking website Facebook, as well as one of the world's youngest billionaires. Mark Zuckerberg co-founded the social-networking website Facebook out of his college dorm room at Harvard University. Zuckerberg developed an interest in computers at an early age; when he was about 12, he used Atari BASIC to create a messaging program he named "Zucknet." His father used the program in his dental office, so that the receptionist could inform him of a new patient without yelling across the room. The family also used Zucknet to communicate within the house.

Guests Of The Month



Mr. Justin Thomas
Trainer - Teachers Training Program



Ms. Manju Goel
Webinar



Mr. Samson George
Webinar

UPCOMING EVENTS

- 1st - Doctors Day
- 3rd - St. Thomas Day (Holiday)
- 10th - Parent Teacher Meeting (Holiday)
- 16th - Feast of Mount Carmel
- 21st - Bakrid

Welcome aboard a travel experience that gives you a glimpse into this vibrant and beautiful country - INDIA.

MAHARASHTRA {महाराष्ट्र}

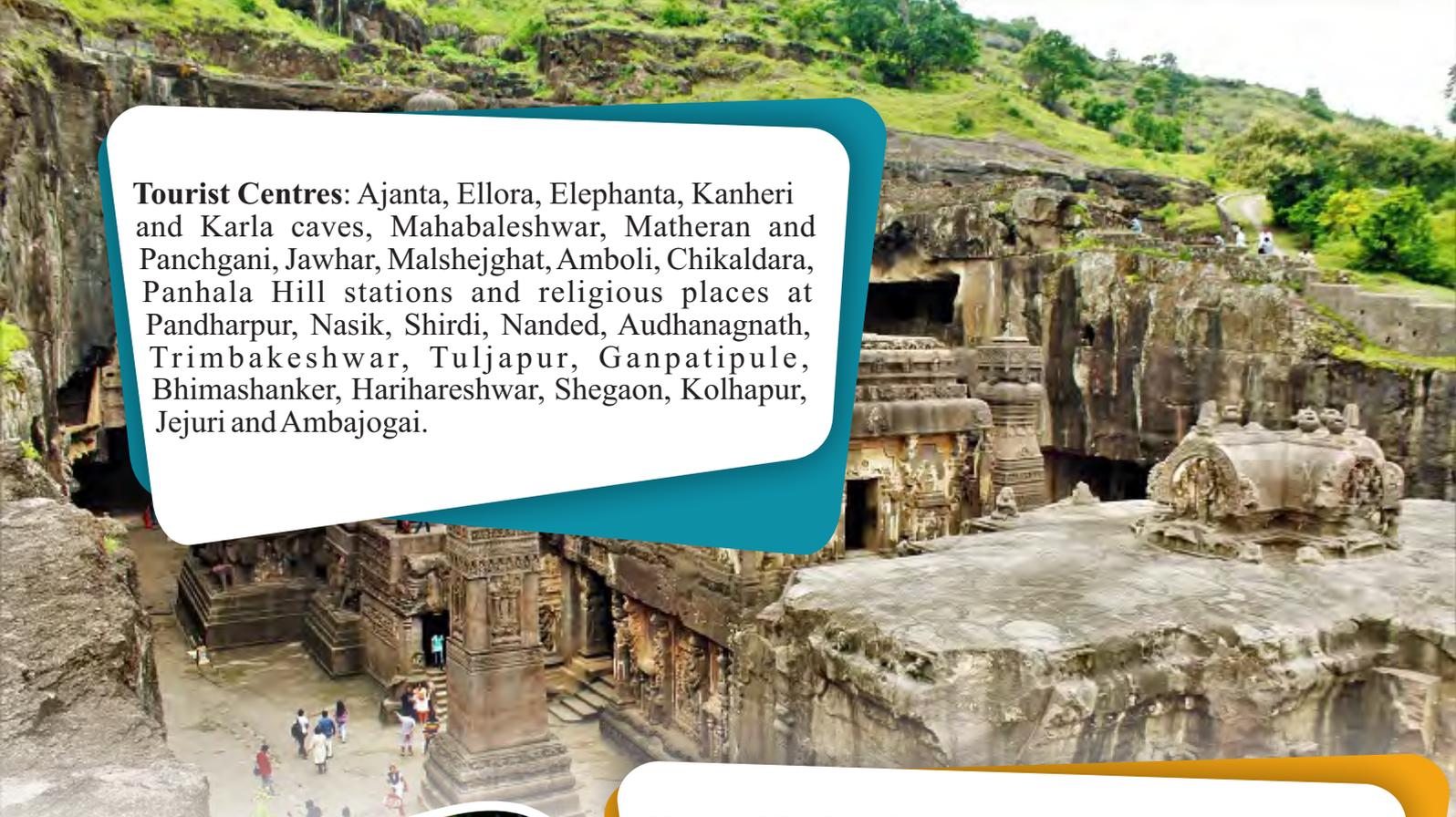


Welcome to Maharashtra. A land untouched, unsullied, unlimited. The spirit of Maharashtra is cosmopolitan, forward-thinking, tolerant and vibrant. There is enough to keep connoisseurs of temples, forts, old monuments and art---gainfully preoccupied here. Forts have played a vital role in the history of the state. Each fort marks a military triumph, and each tells a story of strategy, warfare, intrigue and planning. All of them reconstruct the tale of an enterprising leader, Chhatrapati Shivaji.

Key facts

Capital : Mumbai
Chief Minister : Uddhav Bal Thackeray
State (Official) language : Marathi
Currency : Indian Rupee
Official Dance : Lavani and Koli
Famous Dishes : Pav Bhaji, Vada Pav, Puranpoli, Misal Pav, Modak, RagdaPattice, Sreekhand
Major Cities : Mumbai, Nagpur, Nasik, Pune, Thane, Solapur, Kolhapur, Sangli, Aurangabad, Amravati and Ratnagiri
Popular Festival : Ganesh Chaturthi





Tourist Centres: Ajanta, Ellora, Elephanta, Kanheri and Karla caves, Mahabaleshwar, Matheran and Panchgani, Jawhar, Malshejghat, Amboli, Chikaldara, Panhala Hill stations and religious places at Pandharpur, Nasik, Shirdi, Nanded, Audhanagnath, Trimbakeshwar, Tuljapur, Ganpatipule, Bhimashanker, Harihareshwar, Shegaon, Kolhapur, Jejuri and Ambajogai.



National Parks: Maharashtra provides legal protection to its tiger population through six dedicated tiger reserves under the precincts of the National Tiger Conservation Authority. under the initiative Project Tiger.

Rich with its colourful cultures, woven into one gigantic quilt, Maharashtra is sure to mesmerise you. The festivals here galvanise the sleepy thousands into fervent motion.

Industry:



The State has been identified as the country's powerhouse and Mumbai, its capital as the centre point of India's financial and commercial markets. Industrial sector occupies a prominent position in the economy of Maharashtra.

[Details have been researched from different travel and tourism blogs.]

Meet My Teacher

Name : Sr. Meena Kottakkal

A little about myself:

Born in Kerala
Belong to Savina Bhavan Convent
33 years in religious life.
I have been teaching in Christ school
for 8 years.



*Zodiac: Gemini

*My hobbies: Reading, Listening Music
& Gardening

*Favourite colour: Cyan

*Favourite movie: Manichitrathaazhu

*Quality I admire about myself: Dedication

*Favourite food: Biryani

*Ambition as a kid: To become a teacher

*Favourite book: Geetanjali (Rabindranath Tagore)

*Dream destination: Best teacher

*Favourite subject as a student: History and Language

*Favourite quote/Motto in life: Forgive, to be forgiven



*My educational
background:*

M.A - History
M.A - Sociology

B. Ed - Social Science



Meet My Teacher

Name : Neenu Joseph

A little about myself:

Born and brought up in Kerala and now settled in Bangalore. I have completed my masters in Physics from M.G university with distinction. I got opportunities to move around in Kerala on behalf of JY outreaches during my college days.



*Zodiac : TAURUS

*My hobbies : Going out with family, baking and singing.

*Favourite colour : Blue

*Favourite movie : Kilukkam

*Quality I admire about myself : Patience and self confidence

*Favourite food : Ice-cream, Masala Dosa and Biryani

*Ambition as a kid : To become a teacher

*Favourite book : Francis of Assisi

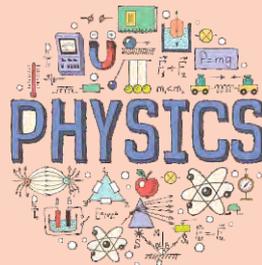
*Dream destination : Kullu Manali

*Favourite subject as a student : Physics

*Favourite quote/Motto in life : "Opportunities don't happen, you create them"



My educational background:
M.Sc in Physics
along with B.Ed



Meet My Teacher

Name : Mukta Charan

A little about myself:
I Like To Be
Happy Always.



*Zodiac: LIBRA

*My hobbies: Listening To Slow Music.

*Favourite colour: Baby Pink

*Favourite movie: Sholay

*Quality I admire about myself: Orderliness

*Favourite food: Chilli Chicken

*Ambition as a kid: To Be Teacher.

*Favourite book: The Alchemist

*Dream destination: Switzerland

*Favourite subject as a student: History

*Favourite quote/Motto in life: Life Is A Journey So Travel Happily.



My educational
background:
M. A, B. ED,



Meet My Teacher

Name : Nikita George

A little about myself:
I am a bubbly
character.



*Zodiac : Taurus

*My hobbies : Dancing and Reading

*Favourite colour : Black

*Favourite movie : 3 Idiots

*Quality I admire about myself : I am hardworking and resilient

*Favourite food : Momos

*Ambition as a kid : Teacher

*Favourite book : The Murder of Roger Ackroyd
by Agatha Christie

*Dream destination : Bora Bora



My educational
background:

I am a BA graduate from
Delhi University along with
Bachelors in Education from
Christ University, Bangalore.



Meet My Teacher

Name : Radhamani N

A little about myself:

I'm born and brought up from the beautiful place in western ghats Popularly known as Sahyadri, Malenadu – Shivamogga. I am a jovial Person who speaks to everyone around me having a bit of Humorous nature through which I try to fill happiness in people Around.



* Zodiac : Capricorn

* My hobbies : Singing, Cooking, Reading books, Watching TV.

* Favourite colour : White

* Favourite movie : Haalu Jeenu(Kannada)

* Favourite food : Jolada Rotti with Baingan masala

* Quality I admire about myself : Helping and consoling people

* Ambition as a kid : To become a Teacher

* Favourite book : 'Chikkaveera Rajendra ' by Masti Venkatesha Iyengar.

* Dream destination: Srinagar

* Favourite subject as a student : Sanskrit

* Favourite quote/Motto in life: Anything that makes you weak Physically, Intellectually and Spiritually, reject it as poison."

-Swami Vivekananda.



Meet My Teacher

Name : Sharfunnisa Begum A

A little about myself:
Lover Of Nature,
Good Hearts



*My Hobbies : Reading, Humming Songs

* Favourite Colour: Green

*Favourite Movie : Moondram Pirai

*Quality I Admire About Myself : Positivity And
Helping Nature

* Favourite Food: Biryani Prepared By My Husband

*Ambition As A Kid: To be a great teacher like my teachers.

*Favourite Book : Kaamayini, Maila Anachal, Nirmala

* Dream Destination: Heaven

* Favourite Subject As A Student: Language And Chemistry

* Favourite Quote : Your words are the seeds you sow in the hearts of
your children. Blame yourself if you get to reap weeds – said by me.

* Motto In Life : To bring atleast one positive change in every person
I get to spend time with.



My educational
background:
I Am Qualified
In Hindi With
M.phil



Meet My Teacher

Name : Arshiya Tabasum W

A little about myself:

I'm bold and
beautiful



*Zodiac: Gemini

*My hobbies: Listening Music, Cooking
and Reading books

*Favourite colour : Royal blue

*Favourite movie : Maine Pyar Kiya

*Quality I admire about myself: I never give up...

*Favourite food : Sea food

*Ambition as a kid : To become a lawyer

*Favourite book: Harry Potter

*Dream destination : Switzerland



*Favourite subject as a student : Science

*Favourite quote/Motto in life: " There is hope, even when your brain
tells you there isn't'."



My educational
background:
BA, B.ed



Meet My Teacher

Name : Narayana Malapati
A little about myself:

It is a pleasure to introduce myself. I also have 10 years of experience in education. My greatest strengths are my ability to connect to children on their level. My management skills in a classroom and building and maintaining a warm and successful classroom environment. I am confident that my qualifications would contribute to my school.



**My hobbies :* Reading Holy Bible,
Singing Songs, Listening Music

**Favourite colour :* White

**Favourite movie :* The Passion of the Christ

**Quality I admire about myself :* Teaching

**Favourite food :* Hyderabad Biryani



**Ambition as a kid :* God Servant (Pastor)

**Favourite book :* Holy Bible

**Dream destination :* To Reach Heaven

**Favourite subject as a student :* Mathematics

**Favourite quote/Motto in life :* "Father, forgive them, for they know not what they do"



*My educational
background:
MCA; M.Tech;
B.Ed*



Meet My Teacher

Name : Bharathi D
A little about myself:

I am the 7th daughter of Daddachannarayappa and Chinnamma. I am the wife of Manjunath and have a 9 years old son named Mekshith. Currently I am working as a Kannada teacher in Christ School (ICSE). My son is studying in Christ school (CBSE). I and my family reside in 1st stage of BTM layout, Bangalore.



* **Zodiac :** Sagittarius

* **My Hobbies :** Reading Books & Listening Music

* **Favourite Colour :** Sky Blue & White

* **Favourite Movie :** Kavirathna Kaalidhasa

* **Favourite Book :** Kaanooru Heggadathi (Author -Kuvempu)

* **Quality I Admire About Myself:** My Self-confidence, Facing The Problem Without Losing Any Courage and Respecting Others Opinion And Helping The Needy People.

* **Favourite Food :** Fish Fry & Chapathi

* **Ambition As A Kid :** Doctor

* **Dream Destination :** Paris

* **Favourite Subject As A Student :** Math's And Kannada

* **Favourite Quote/motto In Life:** "work Is Worship", "if You Want To Shine Like A Sun, First Burn Like A Sun"



My educational background:

Bed,
MA (Kannada),
Med



Meet My Teacher

Name : Pronita Kindo

A little about myself:

Time is the most valuable
constituent of life.

Make time for what does
matter today.



* My hobbies: Travel, Painting (fluid Art.)



*Favourite colour: Peach, Yellow.

*Favourite movie: The pursuit of Happyness.

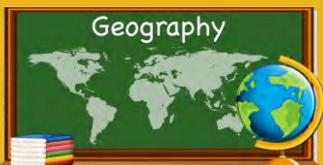
*Quality I admire about myself: Patient, Resilient,
Self- reliable, Accountable.

*Favourite food: Biryani and Continental cuisine

*Ambition as a kid: Lawyer.

*Favourite book: One hundred years of solitude by Gabriel Garcia
Marquez Encyclopaedia.

*Dream destination: Greece.



*Favourite subject as a student: Geography and Physics

*Favourite quote/Motto in life:

"The purpose of our lives is to be happy." - Dalai Lama

My educational
background:
Masters in Geography,
Bachelors in Education



Meet My Teacher

Name : Savitha. E

A little about myself:

I'm a Kannada teacher, I work in Christ school. I love teaching profession because I always want be part of making a good society by my service.



* Zodiac : Aquarius

* My hobbies : Reading, Cooking, Singing.

* Favourite colour : Blue

* Favourite movie : Taare Zameen Par

* Quality I admire about myself : I don't like to hurt anyone intentionally.

* Favourite food : Bisibele bhath

* Ambition as a kid : Teacher

* Favourite book : Chomana dudi written by Dr. Shivram karanth

* Dream destination : Mysore

* Favourite subject as a student : Economics

* Favourite quote/Motto in life : ALL IS WELL (whatever happens in life, it happens for good reasons)



My educational background:
B.A, B.Ed.
and M.A.



Meet My Teacher

Name : Stella S

A little about myself:

I am an energetic,
friendly and
fun-loving person



*Zodiac : Gemini

*My hobbies : Gardening, Dancing, Listening
to Music, Playing Indoor Games

*Favourite colour : blue

*Quality I admire about myself : my positive attitude,
my ability to make people laugh and my high energy.

*Favourite food : Biryani



*Ambition as a kid : Teacher

*Dream destination : Switzerland

*Favourite subject as a student : Mathematics

*Favourite quote/Motto in life: Winners are not those who never fall
but those who never quit



My educational
background:
MCA
(Master in Computer
Application)



Meet My Teacher

Name : J. Jayasree

A little about myself:
I am self-motivated
and a die-hard optimist



*Zodiac : Aries

*My hobbies : Listening to Music

*Favourite colour : Black

*Favourite movie : Titanic

*Quality I admire about myself : My Patience

*Favourite food : Biryani

*Ambition as a kid : To become a scientist

*Favourite book : The Secret

*Dream destination : Australia

*Favourite subject as a student : Physics

*Favourite quote/Motto in life : Be Kind whenever possible,
it is always possible



My educational
background:
M.Sc, M.Phil,
B.Ed



Meet My Teacher

Name : Ravija R.E

A little about myself:

Well-disciplined, dedicated,
friendly person with a passion
for teaching, shaping and/or
enriching lives.



* My hobbies: Reading, Drawing, Dancing

* Favourite colour: White

* Favourite food: South Indian cuisine

* Favourite quote/Motto in life: Live and let live

* Favourite movie: The pursuit of Happyness

* Quality I admire about myself: Being patient and
open to criticism

* Ambition as a kid: Teacher

* Favourite book: The kite Runner by Khaleid Hosseini

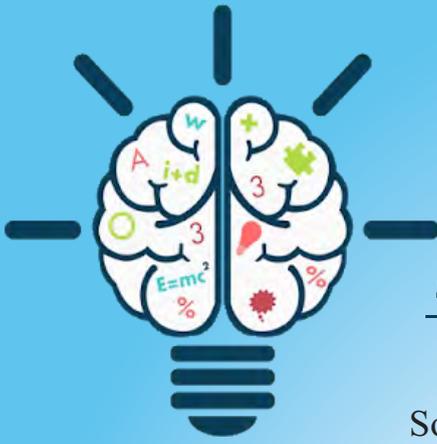
* Dream destination: Ecuador

* Favourite subject as a student: Science



My educational
background:
Masters in Zoology,
Bachelors in Education





BRAINSCRATCHERS

Solve the SUDOKU within the next 24 hours
and WIN an E-certificate from the Excelsior team!

9			1			2	8	
5								
7		3					4	
	8				7			
		6				5		
1				5			9	
								8
				9	3			
				8		6		4

To enter for a chance to win:

- ✓ Solve the sudoku correctly and at the earliest.
- ✓ Students who are interested in solving the SUDOKU can send your answer by tomorrow - 13th July, 2021 by 3:30 p.m.
- ✓ The first 10 correct answers shall be awarded with the E-certificates
- ✓ Your time starts from today (12.07.21) at 3:30 p.m. and ends by tomorrow (13.07.21) at 3:30 p.m. Late answers will not be entertained.
- ✓ Mail your answers to:
christnewsletter2015@gmail.com
- ✓ Mention your NAME, CLASS, SECTION. Attach a formal photograph.